

# Intra- and Inter-Frame Differential Doppler Optical Coherence Tomography

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Spectrometer based optical coherence tomography suffers from fringe washout for fast flow, a drawback for flow visualization, which is of interest for both label-free optical angiography and flow quantification. We presented a method, which can be used to contrast very fast flows, while maintaining relatively low A-scan rates. It is based on introducing a phase shift of  $\pi$  during acquisition such that the interference fringes associated to moving sample structures are recovered depending on the axial velocity. This enables the use of slower line scan cameras for measuring the fast blood flows within the large vessels in the region of the optic nerve head, while keeping good sensitivity. Furthermore it can be used to contrast the fast moving structures by attenuating the static and slower moving tissue signals. A drawback is still the narrow velocity bandwidth, which is not optimal for providing optical angiography for the full vascular plexus. Nevertheless, it could be of value for following fast dynamic changes, as for example in optical elastography. We introduce different variants of this method, based on intra-frame phase switching, as well as between consecutive A-scans and B-scans, which are then pairwise summed. A phase shift of  $\pi$  between summed scans is in fact equivalent to subtraction of both in general complex valued scans. Analyzing complex signal differences between successive B-scans allows in particular contrasting very slow flows of the capillary network. After setting the theoretical framework we show proof-of-principle measurements with a piezo mirror, as well as *in vivo* measurements of the human retina for the different intra-frame phase shifting schemes. We further show the capability to contrast the parafoveal capillary structure with the differential inter B-scan method and discuss its limitations. Improvement of the sensitivity might be achieved by increasing the number of B-scans to be used for calculating the signal differences, as well as by increasing the sampling density. Care must then be taken for *in vivo* imaging to keep the total measurement time still sufficiently small, typically a few seconds. The method may prove as a valuable diagnostic tool, as several retinal diseases will manifest at an early stage in capillary disorders.

**Key words:** optical coherence tomography; phase shifting; Doppler OCT; optical angiography; functional imaging.

## English

## Внутри- и межкадровая дифференциальная доплеровская оптическая когерентная томография

Проблемой оптической когерентной томографии на основе спектрометра является исчезновение интерференционных полос при быстром потоке, что сказывается на качестве визуализации потоков. Решение этой проблемы представляет интерес как для оптической ангиографии без дополнительного контраста, так и для количественного анализа потока. Мы разработали метод, который можно использовать для контраста очень быстрых потоков, поддерживая при этом относительно низкую скорость А-сканов. Метод основан на применении сдвига фазы  $\pi$  во время получения изображений, так что интерференционные полосы, вызванные движением структур образца, восстанавливаются в зависимости от продольной скорости. Это позволяет использовать медленные камеры для измерения быстрых кровотоков внутри больших сосудов в области диска зрительного нерва, сохраняя при этом хорошую чувствительность. Более того, метод можно применять для контрастирования быстро движущихся структур, ослабляя сигналы от статических и медленнее движущихся тканей. Недостатком по-прежнему является узкий скоростной диапазон, который не оптимален для проведения оптической ангиографии всего сосудистого сплетения. Тем не менее метод может быть полезен для наблюдения за быстрой динамикой изменений, например в оптической эластографии. Мы представляем различные варианты этого метода, основанного на внутрикадровой фазовой модуляции, а также на данных последовательного сканирования в А- и В-режимах, которые затем попарно суммируются. Сдвиг фазы  $\pi$  между суммируемыми сканами равноценен фактически вычитанию обоих сканов в комплексном пространстве. Анализ различий комплексного сигнала между последовательными В-сканами позволяет, в частности, контрастировать очень медленные потоки капиллярной сети. Установив теоретические основы, мы демонстрируем контрольно-проверочные измерения с пьезозеркалом, а также *in vivo* измерения сетчатки глаза человека для различных внутрикадровых схем сдвига фазы. Мы показываем способность

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контрастировать парафовеальные капиллярные структуры, применяя метод дифференциального В-сканирования, и обсуждаем ограничения этого метода. Установлено, что добиться улучшения чувствительности возможно за счет увеличения количества В-сканов, используемых для вычисления отличий сигнала, а также путем увеличения частоты выборки. При *in vivo* визуализации необходимо следить за тем, чтобы общее время измерения оставалось низким, обычно несколько секунд. Метод может зарекомендовать себя как полезный диагностический инструмент, поскольку некоторые заболевания сетчатки глаза проявляются на ранней стадии капиллярных нарушений.

**Ключевые слова:** оптическая когерентная томография; фазовый сдвиг; доплеровская ОКТ; оптическая ангиография; функциональная визуализация.

**Introduction.** Over the past years spectral domain OCT (SD-OCT) has proven its value in the field of ophthalmology [1, 2]. Its ability to acquire three dimensional image data, with micrometer resolution, high sensitivity, and high speed makes it an important diagnostic tool [3–6]. Also functional extensions of OCT, such as Doppler OCT, have proven to provide additional information for the diagnosis of several major retinal diseases [7, 8]. Doppler OCT allows measuring the speed of moving particles quantitatively with high precision. Most commonly the phase difference between successive A-scans is calculated in order to retrieve the phase shift introduced by a particle moving parallel to the probing beam [9, 10]. Recent developments aim at optical angiography as a label-free alternative to fluorescein or indocyanine green angiography. An intrinsic drawback of SD-OCT based on spectrometer detection is the occurrence of signal-to-noise ratio (SNR) loss for structures at motion, due to the blurring of the associated interference fringes [11, 12]. This significantly limits the utility for visualizing and quantifying flow with Doppler OCT. Regions with fast flow such as in large vessels at the optic nerve head experience missing signal which then alters quantitative flow readings. Recent *en-face* Doppler OCT has been demonstrated to be independent on the Doppler angle, but works best in steep vessels with well defined *en-face* cross sections [13, 14]. Only high-speed OCT setups are then capable to reduce those artifacts for reliable flow assessment but come with a reduction in detection sensitivity [15]. Possible counter measures have been taken by assuming a laminar flow and by interpolating missing flow signatures based on a parabolic flow profile [16]. For large vessels this assumption is well justified, but needs to be taken with care for vessel calibers smaller than 100  $\mu\text{m}$ . A first step towards mitigating this artifact has been resonant Doppler imaging [12]. There, the reference arm length is actively changed during acquisition, such that structures in the sample arm that move axially with the same velocity do not experience fringe blurring. This is due to the fact that the relative distance between sample structure at motion and reference arm mirror remains constant during acquisition. This has been well used to contrast flow against static tissue thereby generating a label-free optical angiography picture. The interesting feature of this method is the possibility to visualize structures that move at fast speed, and would be virtually invisible to standard SD-OCT detection systems. In the present paper we introduce an even simpler method to achieve sensitivity to rapidly moving sample structures by introducing a constant  $\pi$ -phase offset during acquisition

or in-between acquisitions. The particular advantage of the following method is the possibility to use lower acquisition speeds and thereby maintaining good detection sensitivity. A variant of this method that analyses subsequent tomograms with relative  $\pi$ -shift has been successfully used to contrast tissue vasculature with high sensitivity.

### Methods

**Intra-frame differential Doppler OCT principle.** The principle is based on introducing a  $\pi$ -phase shift in the reference arm during camera exposure. This phase shift is introduced by applying the half-wave voltage  $V_\pi$  to an electro-optic modulator (EOM) placed in the reference arm. The EOM allows precise synchronization with the camera even at fast frame rates. Let us assume without loss of generality a single interface in the sample and reference arm. We further concentrate on the cross-correlation signal between sample and reference arm light that is recorded as spectral interference pattern in SD-OCT. Fourier transform of the interference pattern yields the depth structure of the sample, or A-scan. If the reference arm length is switched by  $\delta z = \lambda_0(4n)$  after half of the exposure time of the spectral interference signal, the integration over the full exposure time will average out the fringe pattern. Here,  $n$  is the refractive index of the reference arm medium, and  $\lambda_0$  is the center wavelength of the employed light source. However, if the sample interface is moving axially, an additional net phase shift between sample and reference arm is introduced during acquisition. This causes incomplete loss up to full recovery of the integrated fringe signal, depending on the sample speed. Thus the sample signal after Fourier transform associated to the interface at motion will again be visible. The spectral interferogram can be written as a function of number of generated photo-electrons  $N$  by

$$N(k) = \tau\gamma[I_R(k) + I_S(k)] + 2\gamma\sqrt{I_R(k)I_S(k)} \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} \cos[2kz_0 + \varphi(t)]dt, \quad (1)$$

with  $\tau$  being the camera exposure time,  $\gamma$  the proportionality factor, accounting for the detector efficiency,  $I_{R,S}(k)$  the spectral intensities of sample and reference arm respectively that reach the detector,  $\varphi(t)$  the time dependent phase shift between reference and sample signal,  $z_0$  the pathlength difference between sample and reference arm at  $t=0$ , and  $k$  is the wavenumber. Following Yun et al. [11], we can write

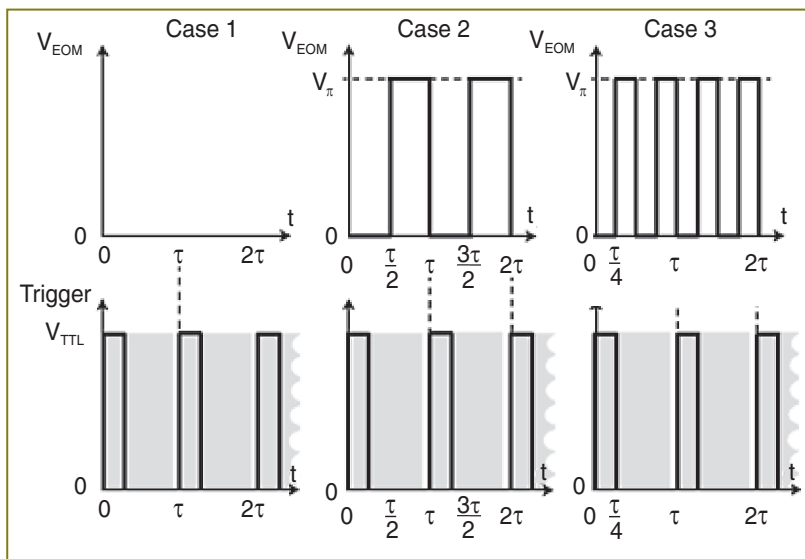
$$N_{AC}(k) = 2\gamma\tau\sqrt{I_R(k)I_S(k)} \cos(2kz_0) \operatorname{sinc}\left(\frac{\Delta\varphi}{2\pi}\right). \quad (2)$$

$\Delta\varphi$  is the total phase change during the camera exposure time. In case of constant axial velocity  $v$  of the sample interface during exposure, the phase  $\varphi(t)=2kvt$ , and the

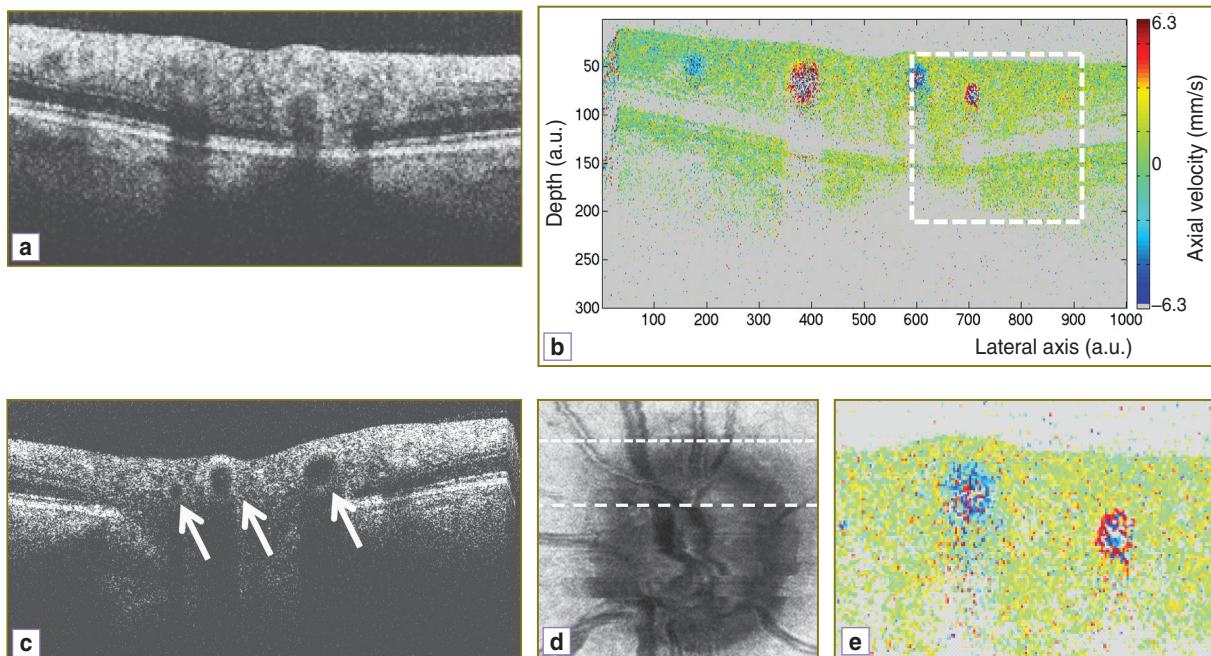
accumulated phase during exposure time becomes  $\Delta\varphi=\varphi(\tau)=2k_0v\tau$ , assuming 100% duty cycle and  $k_0=2\pi/\lambda_0$  (Figure 1 (case 1)). Resonant Doppler imaging is a way to shift the *sinc*-shaped attenuation curve to higher velocities, which then can be assessed also quantitatively via Doppler OCT.

In Doppler OCT the unambiguous velocity range is determined by the exposure time or A-scan period time as  $v_{\max}=\lambda_0/4\tau$ . If the actual velocity is exceeding the unambiguous velocity range, phase wrapping occurs (Figure 2 (a) and (b)). For large axial velocities fringe washout will lead to complete signal loss as shown in Figure 2 (c).

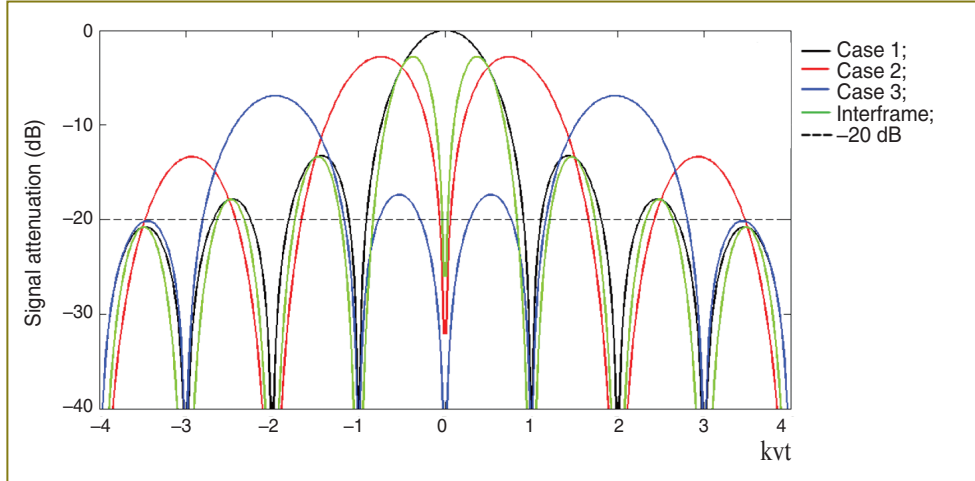
According to Figure 3 (case 1) several phase wrappings can be seen before the signal itself will vanish below the noise floor due to fringe blurring. This depends mainly on the original SNR of the structure, if it was at rest. The assessable velocity range can be extended by correcting phase wrapping artifacts in post processing [16]. SNR loss can only be corrected for by assuming laminar flow, which for example excludes important effects in blood vessels such as the flow profile blunting due to the Fahraeus–Lindqvist effect [17, 18].



**Figure 1.** Phase shifting schemes. Case 1: no phase shift. Case 2:  $\pi$ -phase shift during half the A-scan exposure time. Case 3: two  $\pi$ -phase shifts during one A-scan exposure time. The time trace above is the EOM driving voltage with  $V_\pi$  being the half-wave voltage. The trace below is the camera trigger signal. The shaded area denotes the time of exposure assuming a better than 90% duty cycle



**Figure 2.** Effect of phase wrapping and SNR loss due to fringe blurring demonstrated on retinal OCT and Doppler tomograms [10]. The region is taken close to the human optic nerve head covering a lateral field of view of 8 degree. (a) OCT tomogram taken at the position indicated in the dotted line in the fundus projection view (d). (b) The respective Doppler OCT tomogram obtained by phase difference calculation. The indicated box points to vessel cross section with phase wrapping artifacts. The color bar is chosen such that Doppler signals corresponding to OCT signals below a predefined threshold are set to grey. (c) OCT tomogram taken at the position indicated by the dashed line in the fundus view (d). The arrows point to fringe washout artifacts. (d) Fundus projection view of the recorded 3D OCT data. (e) Zoomed region of interest for the indicated box in (b) for better appreciation of phase wrapping



**Figure 3.** Signal attenuation over sample velocity for the shifting schemes presented in Figure 1 (case 1–3).  $V$  is the structural axial velocity, and  $k$  the central wavenumber of the recorded spectrum. For case 1 and for the intra-frame methods (case 2 and case 3)  $t$  equals the A-scan period  $\tau$ . For inter-frame methods  $t$  equals  $N\tau$ , considering the difference between  $i^{\text{th}}$  and  $(i+N)^{\text{th}}$  A-scan

Figure 2 shows the effect of SNR loss due to fringe blurring in case of large velocities, as well as the effect of phase wrapping. The SNR of flow signatures is below 20 dB. The image represents a Doppler OCT tomogram, with colors encoding the axial velocities. The Doppler OCT tomogram is obtained by calculating signal phase differences between adjacent A-scans.

Consider now the case, where we introduce a phase shift of  $\pi$  by applying the potential  $V_{EOM}=V_{\pi}$  during one half of the exposure time. It will result in the following signal (Figure 1 (case 2)):

$$\begin{aligned}
 N_{AC}(k) &= \int_{-\frac{\tau}{2}}^0 N_{AC}(k, \varphi(t) = 2kvt) dt + \\
 &+ \int_0^{\frac{\tau}{2}} N_{AC}(k, \varphi(t) = 2kvt + \pi) dt = \\
 &= 2\tau \sqrt{I_R(k)I_S(k)} \sin(2kz_0 + \\
 &+ kv\tau/2) \operatorname{sinc}\left(\frac{\Delta\varphi}{2}\right) \operatorname{sinc}\left(\frac{\Delta\varphi}{2\pi}\right), \quad (3)
 \end{aligned}$$

with  $\operatorname{sinc}(x)=\sin(x\pi)/x\pi$ . We observe in addition to the *sinc*-function as in the previous case a *sine*-dependence of the total intensity on the total phase change  $\Delta\varphi=\varphi(\tau)=2k_0v\tau$ . This now has several implications: first, the signal for structures at rest and for slowly moving structures is below the noise floor, thus not visible. We may assume a theoretic noise floor of  $-20$  dB below the theoretic maximum SNR at  $v=0$  without phase shifting applied. Secondly, the signal strength scales in first order linearly with the axial velocity of the sample structure. This allows contrasting moving structures from structures at rest, i.e., performing optical angiography. On the other hand, knowing the exact signal attenuation with respect to the case without differential  $\pi$ -shift during acquisition allows for quantitative axial velocity measurement. The respective intensity dependence

is plotted in Figure 3 (case 2). Note that Figure 3 plots all signal amplitude curves normalized to their value at  $v=0$ , i.e., the amplitude of the structure when it would be at rest, and without phase shifting applied. The full strength comes in when analyzing more general phase shifting patterns, that equally lead to vanishing static structure terms. In fact we might shorten the duration of applying  $V_{EOM}=V_{\pi}$  to  $\tau/4$ . The phase  $\varphi(t)$  would then be altered by switching between  $V_{EOM}=0$  and  $V_{EOM}=V_{\pi}$  during acquisition after intervals of  $\tau/4$ . The signal becomes

$$\begin{aligned}
 N_{AC} &= 2\tau \sqrt{I_R(k)I_S(k)} \sin(2kz_0 + 3kv\tau/4) \sin\left(\frac{\Delta\varphi}{8}\right) \times \\
 &\times \cos\left(\frac{\Delta\varphi}{8}\right) \operatorname{sinc}\left(\frac{\Delta\varphi}{8\pi}\right). \quad (4)
 \end{aligned}$$

Figure 3 shows the amplitude attenuation for the single (case 2) and double (case 3) phase switching schemes (See Figure 1). One observes that the velocity range, for which structures at motion are well visible, appears shifted with increased splitting of the full acquisition time. Another observation is the axial shift  $\delta z=3kv\tau/8$  in the structure term, that contains the dependency on  $z$ . In order to extend the velocity range, one could in principle also mix the different interval schemes, for example using for the first half of the acquisition time single phase shifting pattern, and for the second half the double shifting pattern. Note that Figure 3 does not take into account SNR loss due to signal decorrelation for example due to lateral scanning [19].

**Inter-frame differential Doppler OCT principle.** The  $\pi$ -shifting method can equally be applied to successive A-scans or even of B-scans, called inter-frame differential Doppler OCT. Whereas, intra-frame phase shifting extends the assessable velocity range beyond the limits given by the acquisition speed of the camera, the inter-frame methods aim at contrasting structures at motion from static structures. This is used for performing label-free optical angiography, where structures at motion are red blood

cells. Basically the visibility of flow signatures is not only determined by fringe blurring. The smallest resolvable velocity is given by the system phase difference noise  $\Delta\phi_{noise}$  according to  $v_{min}=\lambda_0\Delta\phi_{noise}/(4\pi\tau)$ . In shot noise limited detection systems the phase noise is in turn determined by the SNR as  $\Delta\phi_{noise}=1/\sqrt{SNR}$  [19]. From  $v_{min}$  we observe that increasing the A-scan period time  $\tau$  results in higher velocity sensitivity. However, if the  $\tau$  is increased the signal correlation between successively recorded A-scans will be reduced and ultimately lost. Angiography can be achieved basically in two domains: in the correlated domain one aims at contrasting blood flow via observing Doppler OCT signature visible in phase difference tomograms. For this, it is necessary that the time between analyzed signals is chosen such that the signal remains correlated. The fully quantitative angiography is obtained then by signal post-processing using for example histogram-based methods [20, 21], or by spatial frequency filtering [22, 23], or by calculating the phase variance [24]. The second domain is based on observing signal decorrelation. For this, the period  $\tau$  must be sufficient large.

Introducing a phase shift of  $\pi$  between successive frames is in fact easily achieved by observing that  $\cos(x+\pi)=-\cos(x)$ . Hence, subtraction of the signals will have the same effect as phase shifting by  $\pi$  similar to case 2 in Figure 1 and according to Eq. 3 with  $\Delta\varphi$  as the argument of the *sine*-function instead of  $\Delta\varphi/2$ . The A-scan difference can be equally taken already in the wavenumber or spectral domain between successively recorded interference patterns. Clearly, both A-scans are equally affected by fringe washout, the amplitude attenuation curve of the difference signal as function of sample velocity will therefore exhibit the same zeros as the *sinc*-function for the single A-scan case (See Figure 3 (case 1)). Close to zero the subtraction scheme causes again vanishing of static signal, which allows for contrasting of flow with velocities in the order of  $\lambda_0/4\tau$  with  $\tau$  the A-scan period time.

In case of capillary flow, one aims at time differences of one to several milliseconds. Obviously increasing the time between A-scans would ultimately increase the recording time for a full tissue volume to several tens of seconds. This should be avoided for *in vivo* assessment, as motion artifacts would lead to strong structural distortions of the recorded images. A solution is to consider successive B-scans or tomograms (Figure 4) [25]. In case of inter-B-scan analysis, the time between successive B-scans will be  $N\tau$ , with  $N$  the number of A-scans that comprise

the B-scan. This improves the velocity sensitivity, as the minimal resolvable velocity scales inversely proportional with the time period. The filter characteristic will again be determined by Eq. 3, but now with  $N\Delta\varphi$  as the argument of the *sine*-function.

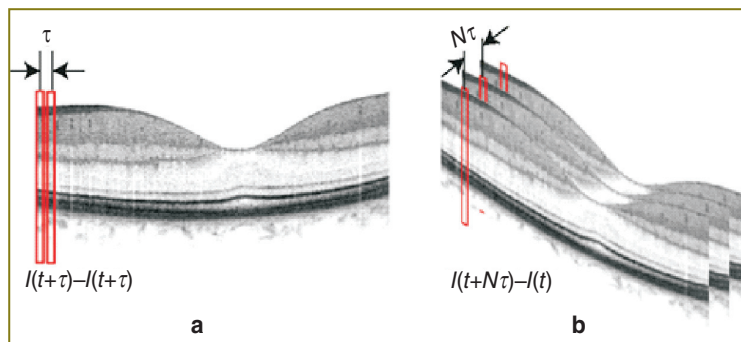
In general for inter-frame differential Doppler OCT the signal becomes

$$N_{AC}(k) = \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} N_{AC}(k, \varphi(t) = 2kvt) dt + \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} N_{AC}(k, \varphi(t) = 2kvt + \pi + 2kv\tau) dt = \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} N_{AC}(k, \varphi(t) = 2kvt) dt - \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} N_{AC}(k, \varphi(t) = 2kvt + 2kv\tau) dt = 2\tau\sqrt{I_R(k)I_S(k)} \times \sin(2kz_0 + Nkv\tau) \sin(N\Delta\varphi) \text{sinc}\left(\frac{\Delta\varphi}{\pi}\right). \quad (5)$$

The corresponding signal attenuation with increasing axial velocity is plotted in Figure 3. With high-speed OCT systems the time between tomograms can be adjusted to a few milliseconds and below. Other variants use parts of B-scans to achieve appropriate time intervals [25, 26]. For small velocities the attenuation curve scales with  $v^2$ , allowing therefore a sharper filtering between static and moving structures than using for example a simple Gaussian filter model [20, 21].

As for the intra-frame technique one could equally combine data sets processed with different time intervals between analyzed A-scans. As seen from Figure 3 (green curve) the width of the first lobe in the respective attenuation curve scales with the time interval  $T$ , thus the effective bandwidth could be enhanced.

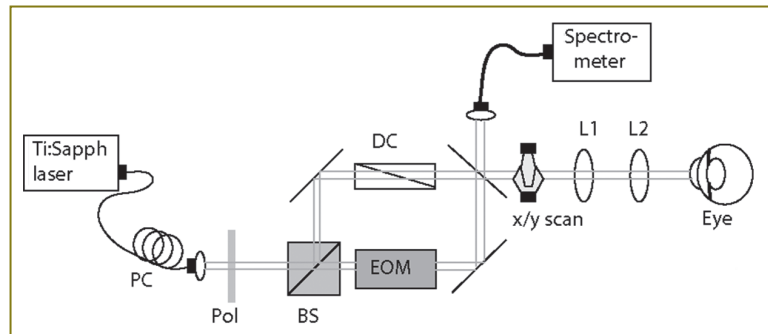
**Optical setup.** The optical setup is displayed in Figure 5. Light from a Ti:Sapph laser at a center wavelength of  $\lambda_0=820$  nm and a bandwidth of 75 nm is delivered to the Mach-Zehnder interferometer via fiber collimator. It passes a polarizer set parallel to the fast axis of the EOM in the reference arm. The polarization controller in the delivery fiber allows adjusting the output state such that the power after the polarizer is maximum. In the sample arm dispersion prism pairs match the dispersion of the crystal in the EOM as well as the dispersion of the eye for retinal imaging. The light is scanned across the sample via galvo scanners (x/y scan). The telescope consisting of two achromats (L1, L2)



**Figure 4.** (a) A-scan based differential inter-frame method with  $\tau$  the A-scan period. (b) Enhanced flow sensitivity by analyzing A-scan differences of successive B-scans. Assuming  $N$  A-scans per B-scan the time period is  $N\tau$ . The difference is calculated from either the complex valued A-scan data, or from the original spectral interference data. The red boxes represent single A-scans.  $I(t)$  represents a complex valued A-scan recorded at time point  $t$

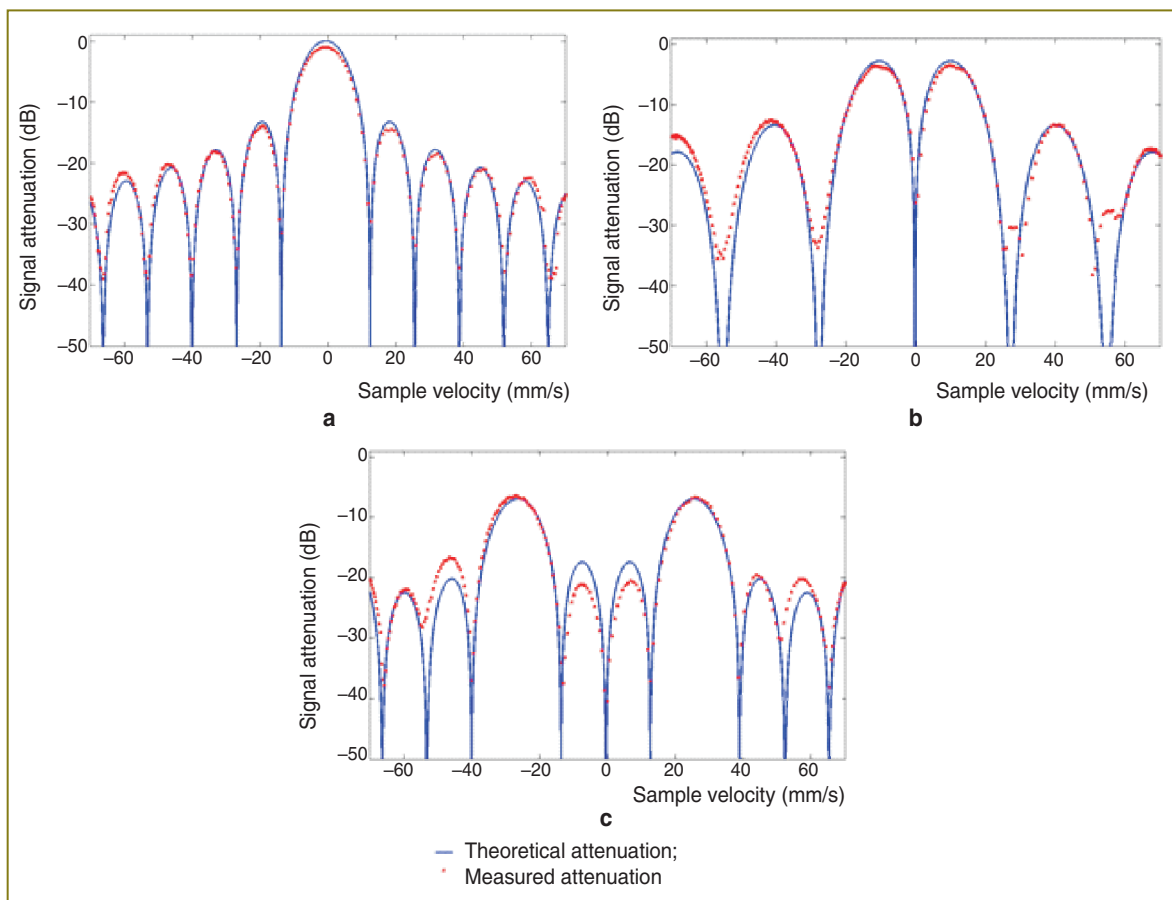
in front of the eye produces a focused spot on the retina. Finally, the light from the sample and the reference arm is coupled back into a fiber and guided to a spectrometer. The spectrometer is equipped with a line array sensor (Basler sprint, 12 bit) with 1500 pixels actively read-out. The power at the cornea is set to 700  $\mu$ W. The recorded spectrum allows for a theoretical axial resolution of 4  $\mu$ m in air.

**Results and Discussion.** For a proof of principle we first experimentally verified the theoretical curves shown in Figure 3 by using a mirror mounted on a loudspeaker in the sample arm. The oscillating mirror experiences different axial velocities depending on oscillation frequency and amplitude. The frequency was chosen such that the oscillation could be well resolved by the sampling due to the A-scan rate. We recorded an M-scan consisting of 1000 A-scans taken at the same position at the sample mirror with an A-scan rate of 30 kHz. The respective maximum unambiguous axial velocity would be  $\pm 6.2$  mm/s. For plotting the attenuation curve, we first calculated the phase differences  $\Delta\phi$  between adjacent A-scans and applied phase unwrapping. The phase differences can then be associated to velocities according to  $v = \lambda_0 \Delta\phi / (4\pi\tau)$ . Finally, we normalized the intensity tomograms to the



**Figure 5.** Optical setup (PC — polarization controller; Pol — polarizer; BS — 50:50 beam splitter; DC — dispersion control; EOM — electro-optic-modulator; L1, L2 — achromats)

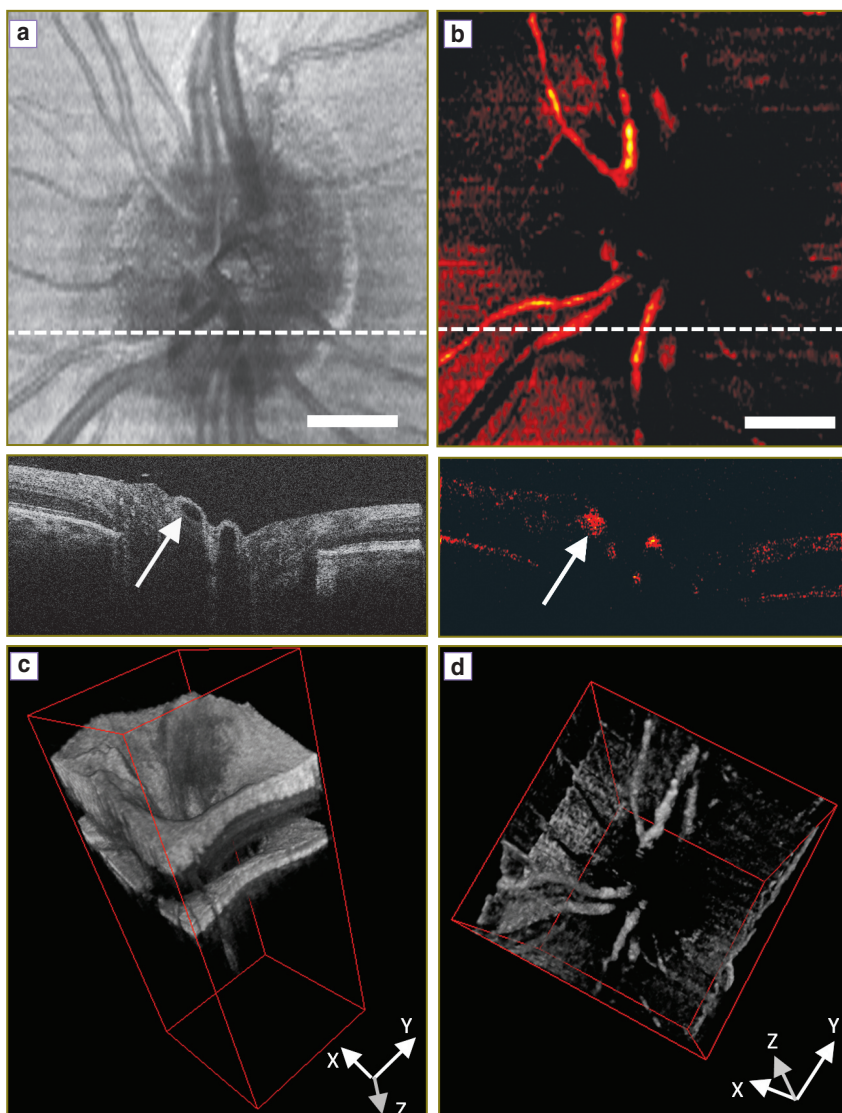
signal for the mirror at rest and plot for each time point the normalized signal amplitude versus the associated axial velocity at that instant. This results in the attenuation values plotted in Figure 6 together with the theoretically expected curves. We first recorded the signal without phase shifting scheme shown in Figure 6 (lhs). The measured values fit well with the expected *sinc*-shaped signal loss due to fringe blurring. We then verified experimentally the case of single  $\pi$ -shift (See Figure 1 (case 2)) during half of the exposure times shown in Figure 6 (rhs).



**Figure 6.** Experimental verification of signal attenuation curves using the timing schemes in Figure (1) with (a) corresponding to case 1, (b) to case 2, and (c) to case 3

To demonstrate that this method is applicable for *in vivo* measurements, we performed measurements of the human retina of a healthy volunteer. The *in vivo* measurements have been performed in compliance with the local ethics committee regulations and the declaration of Helsinki. Informed consent of the volunteer has been obtained. The first measurement was performed at 30 kHz A-scan rate covering the region of the optic nerve head. This region is characterized by large vessels that ascend and radially enter the retina. The flow within those vessels is large and causes significant fringe washout and signal loss. One recorded volume contains 100 B-scans, each consisting of 1000 A-scans. Figure 7 (a) shows a maximum intensity projection of volume intensity data obtained with a standard OCT scanning configuration without phase shifting (See Figure 2 (case 1)). The white dashed line indicates the position where the B-scan shown below is extracted. Two large vessels that appear empty are visible in the center of the B-scan. The arrow points to those areas that exhibit strong fringe washout and signal loss. Figure 7 (b) shows a measurement with a single  $\pi$ -shift during the exposure corresponding to case 2

in Figure 2. Significant signal attenuation of the static tissue can be observed. Comparison of the tomogram sections in Figure 7 (a) and (b) nicely demonstrates the recovery of the originally lost signal due to the fast moving blood by employing the simple  $\pi$ -shifting technique (white arrow). Figure 7 (c) and (d) demonstrate the capability to perform 3D angiography with based on the differential phase shifting technique. Whereas the vessels are obscured by the embedding scattering tissue in Figure 7 (c) they are clearly contrasted in Figure 7 (d). Of course the  $\pi$ -shifting enhances only structures that move within a finite bandwidth of axial velocities as plotted in Figure 3. Thus the signal of smaller vessels with corresponding smaller flow velocities will be equally attenuated. This limits the technique for its applicability to optical angiography, where it is desirable to visualize the full vascular plexus. However, it is of advantage when specific vessels are to be assessed with an OCT system that is limited in A-scan rate. The intra-frame differential OCT modality provides then a method to overcome the problems of fringe washout in case of large axial velocities and to allow quantitative assessment of those flows.



**Figure 7.** Human optic nerve head *in vivo*. (a) Maximum intensity projection of standard OCT volume along depth with tomogram below outlining a vessel cross section by fringe washout (white arrow). The tomogram is taken at the position of the white dashed line in the projection view. (b) Maximum intensity projection of a single  $\pi$ -shifted differential intra-frame OCT volume (See Figure 1 (case 2)). Empty vessel cross sections due to fringe washout in (a) are now exhibiting signal for the fast flow components, whereas signal from static tissue and tissue at lower motion appears attenuated. This can be used for angiography of large vessels in the optic nerve head region. (c) 3D rendered standard OCT volume of the same data presented in (a). (d) 3D rendered single  $\pi$ -shifted differential intra-frame OCT volume contrasting large vessels. The scale bar denotes 1 degree scan angle

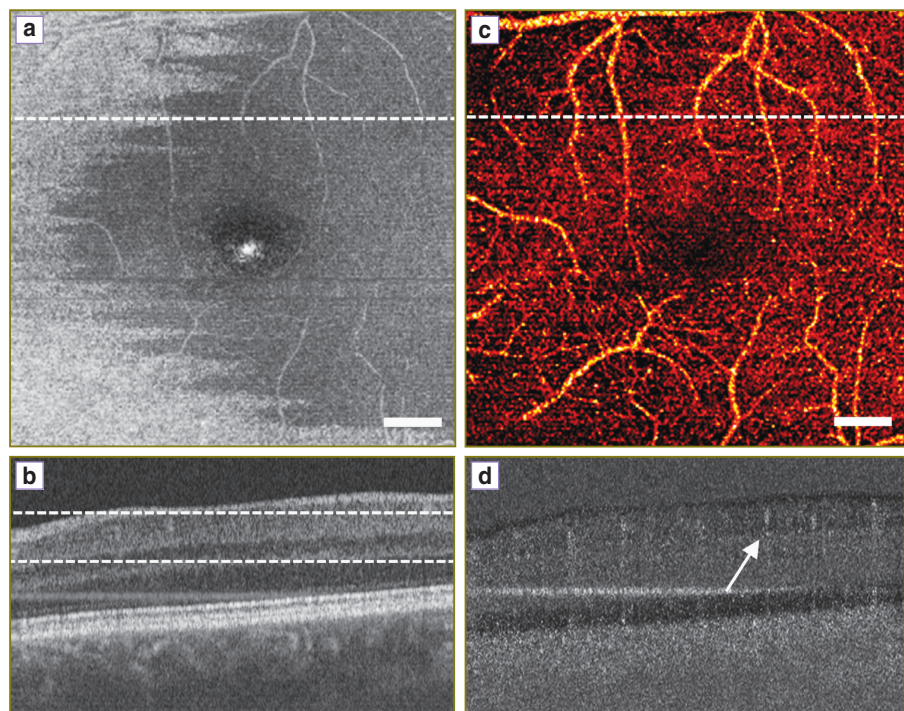
In contrast, the inter-frame differential OCT method has the capability of visualizing very slow flowing structures as present in small capillaries. For demonstration we imaged the capillary network surrounding the human fovea with a standard OCT measurement protocol and did first standard OCT signal processing, and then with the inter-frame method applied, by calculating A-scan differences of successive B-scans. The volume was recorded at an A-scan rate of 100,000 A-scans/s and contained 400 B-scans, each consisting of 400 A-scans, resulting in a B-scan rate of 250 Hz. Two B-scans are recorded at the same vertical position. Figure 8 (a) shows a fundus projection of a volume taken at the parafoveal region with the standard OCT processing. Some vessels are visible due to the strong scattering of red blood cells, but the capillaries are obscured by the embedding scattering tissue. The dashed line indicates the position for the extracted tomogram in Figure 8 (b).

Figure 8 (c) and (d) presents the result by employing the inter-frame differential OCT modality, based on taking the signal difference between successive B-scans (See Figure 4). Prior to taking the signal difference, axial registration of the B-scans has been performed using the position of the maximum of the cross-correlation as axial displacement correction. In the present case we calculated the difference between those B-scans taken at the same vertical position. Figure 8 (c) shows a maximum intensity projection taken from the difference volume ranging from the ganglion cell layer down to the inner plexiform layer. The individual capillaries are now well appreciated. The B-scan in Figure 8 (d) illustrates the signal attenuation of static tissue, while the signal from the capillaries is maintained. A common effect to highly sensitive motion contrast methods is the appearance of vessel shadows

due to multiple scattering and speckle decorrelation of light passing through the flow regions. They can be reduced for example by intensity masking or by employing Bessel beams [27, 28]. Still, the smallest capillaries at the center are not well resolved. This could be improved by either increasing the number of B-scans per position, or by increasing the lateral sampling [29]. One needs however to consider that the resulting increased measurement time causes motion artifacts that might destroy the structural integrity of the displayed images. Also, complex signal analysis might require correction of phase changes due to involuntary axial bulk motion, which has not been done for the present data set. Simple intensity based difference methods to contrast flow are therefore easier to implement, as they only require careful tomogram registration [30].

In conclusion we presented a method, which can be used to contrast very fast flows, while maintaining relatively low A-scan rates. This enables the use of slower line scan cameras for measuring the fast blood flows within the large vessels in the region of the optic nerve head, while keeping good sensitivity. Furthermore it can be used to contrast the fast moving structures by attenuating the static and slower moving tissue signals. A drawback is still the narrow velocity bandwidth, which is not optimal for providing optical angiography for the full vascular plexus. Nevertheless, it could be of value for following fast dynamic changes, as for example in optical elastography. Furthermore, spectroscopy based OCT provides higher phase stability than swept source OCT system. The differential intra-frame technique is a way to avoid intrinsic fringe washout and keep the high sensitivity for following dynamic structural changes. Apart from biological tissue the method might be equally useful to be applied to industry applications. A modification of this method to analyzing complex signal differences

**Figure 8.** Capillary network imaging in the human parafoveal region. (a) Maximum intensity projection of data taken with a standard OCT measurement protocol over the depth range indicated by the dashed lines in (b). (b) Representative B-scan, taken at the position indicated by the dashed line in (a). (c) Maximum intensity projection over the same depth region as indicated in (b) taken from a volume obtained with the differential inter-frame OCT method. Vascular details that are not visible in (a) are now clearly contrasted. This is as well visible in the respective tomogram in (d) illustrating the signal attenuation for static tissue. The white scale bar denotes 1 degree. The arrow in (d) points to vessel shadow artifacts





between successive B-scans was used to contrast very slow flows of the capillary network. The latter has equally been termed UHS-OMAG [31] and is further the basis of dynamic light scattering [32]. Improvement of the sensitivity might be achieved by increasing the number of B-scans to be used for calculating the signal differences, as well as by increasing the sampling density. Care must then be taken for *in vivo* imaging to keep the total measurement time still sufficiently small, typically a few seconds. The method may prove as a valuable diagnostic tool, as several retinal diseases will manifest at an early stage in capillary disorders.

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